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## **Advice Sheet A**

### **Possible indicators of vision impairment**

You will know when a pupil may be experiencing difficulties visually accessing the curriculum:

1. By the way he / she holds his / her head at an unusual angle.
2. If he / she peers very closely at work.
3. If his / her eyes look swollen or sore.
4. If you notice unusual eye movements.
5. If he / she covers one eye when reading.
6. If he / she skips letters words or lines when reading.
7. If he / she complains of frequent headaches.
8. If constant blinking, rubbing, screwing up of eyes is observed.
9. If he / she appears clumsy and has a tendency to bump into furniture.
10. By his / her reluctance to join in PE activities / fast moving games.
11. By poor balance.
12. If he / she displays a dislike for strong light.
13. If he / she regularly misses material in books on one side.
14. If he / she has difficulty with copying from book or board.
15. If he / she writes in an unusually large or small script.

If there are any concerns then speak with the pupil's parents in the first instance and suggest that they arrange a vision assessment by an optician.

Vision assessments for young people still in full-time education are free of charge.